



Acupressure for Allergies Made Easy: An Illustrated Self Treatment Guide

Dr. Krishna N. Sharma

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Acupressure is an ancient Chinese alternative medicine technique. It is derived from acupuncture. It is based on the Traditional Chinese medicine's (TCM) acupuncture theory developed 5,000 years ago. As the name reflects, it is a technique in which the ailments are treated by applying pressure on specific acu points spread throughout the body. Acupressure for Allergies Made Easy - An Illustrated Self Treatment Guide is an unique book full of illustrations and written in very simple language which enables the patients to treat themselves.

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