



Make Ahead Vegan Cookbook: Top 50 Vegan Lifesavers Meals-Fill The Dinner Table In No Time At All With Plant-Based Whole Foods Meals

Rhonda McBride

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You know the fantasy where you wake up on Saturday morning and breakfast is beautiful, low-key, and delicious?

When you're busy working all day, you need food you can make the night before and grab from the fridge as soon as you get home from work. It has to be sturdy enough to withstand refrigerator time, and stable enough to survive your drive, taxi ride, subway, walk, or skateboard journey to the venue. Whether you're overwhelmed by the back-to-school bustle or you just wish someone would make you breakfast, already, we've got something for you. Whether you're panicking about what to bring to that fancy brunch or just interested in a breakfast routine that doesn't involve a bunch of fuss, you'll want to try these delicious make-ahead gems.

Here Is A Preview Of What You'll Learn...

*Overnight Apple Cinnamon Porridge *Peanut Butter and Cocoa Breakfast Smoothie *Buddha's Delight Stew *Chili Cauliflower, Sweet Potato and Tomato Soup *Lentil and Butternut Squash Curry *Mushroom and Broccoli Freekeh Risotto *Rice with Cabbage, Mushrooms and Tofu *Barley and Veggie Risotto *Brussels Sprouts with Caramelized Onion and Crisp Tempeh *Mexican Style Rice and Corn *Much, much more! **Buy your copy today!**

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Francis Dawson:

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Is it an individual who having spare time and then spend it whole day simply by watching television programs or just lying on the bed? Do you need something totally new? This Make Ahead Vegan Cookbook: Top 50 Vegan Lifesavers Meals-Fill The Dinner Table In No Time At All With Plant-Based Whole Foods Meals can be the reply, oh how comes? The new book you know. You are consequently out of date, spending your time by reading in this brand new era is common not a nerd activity. So what these books have than the others?

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