



Taking Control of Your Diabetes

Steven V. Edelman, and Friends

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Taking Control of Your Diabetes is a truly unique book that will inform, empower, and enlighten you on how to live happier and healthier with diabetes. The author Steven V. Edelman, MD, is not only a physician who cares for people with diabetes but has also lived with this disease for 37 years. Through humor, case presentations, expertise from several other diabetes specialists, and a down-to-earth writing style, Taking Control of Your Diabetes will not only educate you, but more importantly, it will inspire and motivate you to become the most active member of your health care team. Now is the first day of the rest of your life with diabetes. It is never too late to take control of your diabetes...you owe it to yourself and to your loved ones.

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