

Adolescents and Risk: Making Sense of Adolescent Psychology (Making Sense of Psychology)

Patrick B. Johnson, Micheline S. Malow-Iroff



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Substance abuse, gambling, sexual promiscuity, violence, mental health problems, suicide: all are risky and dangerous consequences of adolescent instability. Through the implementation of psychological research and basic theories, Johnson and Malow-Iroff expertly assess each specific risk behavior as it correlates with demographics, socio-economic statuses, and cultural factors surrounding today's youth. In addition, this book provides resources for handling harmful situations facing adolescents, offering practical and straightforward methods to aid one in negotiating positive paths for those in distress. Parents, educators, and adolescents alike will only benefit from knowing the causes of adolescent risk-taking and the ways of preventing such behavior.

Each chapter is devoted to a specific risk that many adolescents take throughout their teenage years. These include: drug abuse, gambling, sex, violence, and suicide. Johnson and Malow-Iroff discuss the mental health problems that lead to dangerous activities. Each topic explains the causes that lead to these risky behaviors, ways to prevent them, and advice that will be useful to parents and educators in addressing these issues.

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