



Diabetes A to Z: What You Need to Know about Diabetes—Simply Put

American Diabetes Association

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Revised and updated, *Diabetes A to Z* covers everything a person living with diabetes needs to know in simple, direct, and easy-to-understand language. Whether the topic is eye disease, high blood pressure, or skin care, *Diabetes A to Z* gives the answers curious readers want to know.

This new edition contains a variety of important updates, including information on new medications and insulins, new nutrition recommendations to match the Association's new dietary guidelines, an all new insurance section discussing new coverage options and details brought about by the Affordable Care Act, and much more!

Appropriate for all people with diabetes and their caregivers, and backed by the credibility of The American Diabetes Association, this latest edition to *Diabetes A to Z* is the home reference every person with diabetes should own.

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