



Sacred Feasts: From a Monastery Kitchen

Victor-Antoine d'Avila-Latourrette

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"This book of seasonal cooking provides a backdrop of celebrating sacred feasts of the year from a monastery kitchen to your kitchen--using recipes from Brother Victor-Antoine d'Avila-Latourrette.Brother Victor-Antoine is the best-selling author of several cookbooks from his monastery kitchen. Sacred Feasts focuses on using seasonal fresh fruits and vegetables to create inexpensive, delicious, healthy, and beautiful vegetarian dishes to delight your family and friends. Recipes include simple and savory desserts, main dishes, and of course, entire meals to help celebrate feast days, family get-togethers, and to make even the most ordinary day special. This is the perfect recipe book for everyone who loves to cook and to use affordable, fresh, wholesome in-season fruits and vegetables that will please everyone! View sample pages.Hardcover"



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