

40 Days to Reclaiming Your Soul: A Companion to Reclaim Your Soul

Cindy Trimm



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40 Days to Reclaiming Your Soul: A Companion to Reclaim Your Soul Cindy Trimm **Take back your life in** *40 Days!*

Beloved, I pray that you may prosper in all things and be in health, just as your soul prospers. (3 John 2)

Activate the skills you need to succeed and take back your life! This companion devotional to *Reclaim Your Soul* from Dr. Cindy Trimm will lead you on an interactive 40-day journey to becoming a resilient person.

Over the next 40 days, you will...

- Identify destructive relationships in your life and break free from their harmful impact
- Avoid unhealthy emotional attachments and shield your soul from possible damage
- Unlock your potential and refuse to settle for anything or anyone that pulls you away from fulfilling your purpose

Successful people are resilient people. Get ready to practice 40 disciplines that will lead you into a more resilient life where success and freedom become your new normal!

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