



Falling into the Rhythm of Life: Life Lessons Straight from the Horse's Mouth

Sharon Campbell-Rayment

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Transform Your Life and Create Harmony from Within!

Imagine falling from a horse and waking up a week later...unable to speak. That's exactly what happened to Sharon Campbell-Rayment. When she finally regained her ability to talk, she spoke with an accent from a part of the world she had never even visited!

This made Sharon one of only 60 documented cases of Foreign Accent Syndrome. Soon she was declared completely disabled and diagnosed with an acquired brain injury. However, Sharon was not about to accept this fate.

Falling into the Rhythm of Life shares her remarkable story of healing, while revealing life-changing strategies she used to overcome despair and find a powerful new life purpose.

Beginning with a moving foreword by New York Times bestselling author Peggy McColl, this life-enhancing book teaches guiding principles that empower you to...

- Overcome obstacles that are eroding your self-esteem
- Gain newfound inner strength, confidence and awareness
- Navigate emotionally difficult situations with dignity
- Recognize significance and meaning in every action you take

You'll also learn Sharon's four key B.E.S.T. principles that enable you to flow through challenges each day with grace and ease.

"The only thing as amazing as Sharon Campbell-Rayment's inspiring story is the incredible lessons and

principles she shares in, *Falling into the Rhythm of Life*

. If you've ever suffered a setback and have struggled to get through it and if you are finally ready to claim victory, this is the book you absolutely must read!"

Steve Lowell, CSP

International Professional Speaker, Mentor to Professional Speakers Worldwide

Sharon Campbell-Rayment holds a Bachelor of Science degree in Nursing, a Master's degree in Divinity, and she is Founder of the Creating Harmony Within Ranch. Sharon speaks internationally and has helped hundreds of people overcome trying challenges in their lives. She is also author of the book, *Creating Harmony Within*, and international bestselling co-author of the book, *Unwavering Strength*.

Visit www.creatingharmonywithin.com

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