



# Salad People and More Real Recipes: A New Cookbook for Preschoolers and Up

*Mollie Katzen*

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In the much-anticipated follow-up to Pretend Soup, celebrity chef Mollie Katzen cooks up 20 new vegetarian recipes that kids six and under can prepare themselves (with a little help from their adult assistant). The last decade has seen unprecedented demand in healthy eating for kids. Taking this interest one step further, Mollie Katzen presents kid-friendly recipes that will inspire joyful kitchen adventures and food appreciation. With Salad People, children will enjoy a lifelong love and playful respect for nutritious food from Tiny Tacos, Counting Soup, Salad People, and beyond. Complete with kitchen tips, safety and behavior rules compiled by actual kids, and thoughtful observations on what children gain from cooking, Salad People is the model children's kitchen guide for a new decade. All-new recipes make the perfect companions to Pretend Soup recipes. Reviews "If you've never cooked with kids before, begin with Mollie Katzen's ebulliently illustrated Salad People and More Real Recipes (Tricycle, 2005; PreS-Gr 3), showcasing 20 child-friendly food projects that focus on healthy ingredients, individual creativity, and hands-on fun. A section for adults introduces each recipe and provides tips on helping children successfully navigate the specifics, followed by a pictorial version appropriate for even the most inexperienced chefs (including pre-readers)." —School Library Journal Curriculum Connections "A is for Amandine: A List for Beginners"-The New York Times



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