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*Roger Douglas*

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# Vegan Recipes: Vegan Diet for Beginners: 4 Weeks of Diet Plans and 50 Delicious Recipes (Vegan Diet, Vegan Cookbook, Vegan Recipes)

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## Vegan Recipes: Vegan Diet for Beginners: 4 Weeks of Diet Plans and 50 Delicious Recipes (Vegan Diet, Vegan Cookbook, Vegan Recipes) Roger Douglas

If you have ever wanted to try vegan-ism, than you might have an inkling into how difficult maintaining a vegan diet is. With no animal products whatsoever allowed, the range and diversity of foods and meals can feel suffocating. However, you can still enjoy a mouth-watering cuisine with different meals everyday, with the help of this handy eBook providing you with 50 Vegan Recipes. From soup to salad, vegetable bake to banana muffins there will be enough to keep another food-lover going back to the kitchen, time and time again.

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