



The Encyclopedia of Dietary Interventions for the Treatment of Autism and Related Disorders

Karyn Seroussi, Lisa Lewis

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There is still a great deal to learn about childhood disorders like autism and ADD, but we do know that for some individuals, changes in diet can make a significant difference. In addition to improved physical symptoms (such as skin rashes or digestive problems), behavioral and learning problems can also improve through dietary intervention. This reference guide includes discussion of the research behind dietary interventions and the principles behind the different types of diets discussed.

The Encyclopedia for Dietary Interventions is an easy-to-use reference guide. Its alphabetized entries include all the important terms, concepts and theories behind every diet currently being used, as well as a thorough discussion of the diets themselves. The length of entries varies, with long entries for complicated concepts and short definitions for simpler terms. Extensive footnotes will lead the interested reader to primary and secondary references.

Physicians who see patients on the autism spectrum will find the book a useful resource, and will want to recommend it to parents. Parents struggling to keep up with the latest theories will find it a life-saving reference.

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