

Martial Arts Madness: A User's Guide to the Esoteric Martial Arts

Glenn J. Morris

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Martial Arts Madness: A User's Guide to the Esoteric Martial **Arts**

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In a series of short, witty essays, jujitsu and chi kung teacher Glenn Morris looks at the vaulted selfimportance and sense of indestructibility that the practice of martial arts can engender in its adherents. "Martial Arts Madness" is for adventurous souls who enjoy experimenting with the unknown.



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