



# An Ancient Egyptian Herbal

*Lise Manniche*

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## **An Ancient Egyptian Herbal** Lise Manniche

Revised edition. A reconstructed herbal of 95 species of plants and trees known to be used before, during and after the pharaonic period in Egypt. The author, a skilled Egyptologist, draws on classical and other texts, and explains the special properties of each plant, quoting authentic recipes for cosmetics and remedies. This updated edition includes an extended section on perfume, which draws on the latest research into the ingredients and uses of Egyptian scents.

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