

## DNA of the Spirit, Volume 1: A Practical Guide to Reconnecting With Your Divine Blueprint

Rae Chandran



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### **DNA of the Spirit, Volume 1: A Practical Guide to Reconnecting With Your Divine Blueprint** Rae Chandran

The etheric strands of your DNA are the information library of your soul. They contain the complete history of you, lifetime after lifetime; a record of the attitudes, karma, and emotional predispositions you brought into this lifetime; and a blueprint, or lesson plan, for your self-improvement. Your DNA is also a record of your existence from the moment of your creation as a starbeing to your present incarnation. This information is written in every cell of your body.

This is a book about practices you can do and energetic connections you can make to raise your consciousness and activate additional strands of your DNA. These practices can give you further spiritual empowerment, heightened awareness, and deeper connections to the Creator and beings who work from the inner planes to support humanity.

#### CHAPTERS INCLUDE:

Mudras for Activating the Twelve Layers of DNA The History of Human DNA The Awakening of Crystalline Consciousness Working with Energy to Raise DNA Levels Auspicious Times for Awakening Consciousness How Ascended Masters Can Assist Your Ascension Angelic Support for DNA Activation Your Internal Compass: Nature's Body Intelligence

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