



# Pretty Takes Practice: A Southern Woman's Search for the Real Meaning of Beauty

*Charla Muller*

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**Pretty Takes Practice: A Southern Woman's Search for the Real Meaning of Beauty** Charla Muller  
Charla Muller's first book, *365 Nights*, was called "entertaining" (*Albuquerque Journal*), "surprising [and] remarkable" (*The Independent* [London]). It also launched her into the public eye—and brought her to a moment of painful realization . . .

For an average working mom like Charla, going on a book tour was both intimidating and exciting. It also turned out to be horrifying: When she saw herself on a screen in glorious, unforgiving HD, it magnified all her flaws, prompted comments from unadoring fans, and forced her to reevaluate her (lack of) exercise regimen.

But Charla was jolted into action and used that cringe-inducing close-up as a wakeup call. After shedding a few tears over how she'd let herself go (and over the five-year-old discount sweater she wore on *Oprah*), she set out on a strange, hilarious, and poignant journey that tapped into and tested her values, her beliefs about beauty, her self-image, and, of course, her relationship with her mother.

In this lively, funny, moving account, a Southern woman shares stories she swore she'd never tell—and ultimately offers some unexpected and universal insight about how pretty takes practice.

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#### **Marvin Ober:**

The book untitled *Pretty Takes Practice: A Southern Woman's Search for the Real Meaning of Beauty* contain a lot of information on it. The writer explains the woman idea with easy method. The language is very easy to understand all the people, so do not necessarily worry, you can easy to read this. The book was written by famous author. The author will take you in the new time of literary works. It is easy to read this book because you can keep reading your smart phone, or model, so you can read the book throughout anywhere and anytime. In a situation you wish to purchase the e-book, you can open their official web-site along with order it. Have a nice go through.

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