



# Keep Calm and Create On: Words of Encouragement from One Artist to the Next

*Brittney S. Harris*

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*“You must learn to take the talents that you have and create a movement with them.”*

**Keep Calm and Create On:** Words of Encouragement from One Artist to the Next is designed as a universal self-motivational and transformative tool of written passages for artists and individuals. This tool is for the "every artist". The everyday artist who is living within the dichotomy of societal norms versus allowing themselves to be fully submerged in their crafts. This book acknowledges both ends of the spectrum and strives the reader to stay continually motivated, balanced, and spiritually sound.

Originally starting as a weekly blog, Author Brittney S. Harris began penning Keep Calm and Create On because she found herself dealing with issues that every day artist go through on a regular basis: the duality of working a 9-to-5 job only to get off and rehearse or perform until the midnight hour. It was all too familiar! As a woman of color and as a performer of over 20 years, Harris had her fair share of rejections. Not solely based on race or ethnicity, the industry is so saturated with the overt glamification of women and superficial reality shows displaying more of a distortion of “reality” than truth.

Through 40 passages, these writings can be used as daily inspiration towards your artistic journey of self-discovery and purpose.

**“This is for everyone not just Artists.** This book's purpose is to motivate, inspire and entertain. Keep Calm and Create On gives so many valid points for anyone who has a craft or a technique.- RaShanda Land, Blogger/Writer of The Plus Size Declaration

**"Positive, Encouraging, and Brave!** This book encourages people with a passion to follow through on what they start and not let hindrances of what other people say, or self-inflicted road blocks, deter you from what you love. The most interesting part of the book was the author's convention of reinventing cliches. Harris continually would take something familiar and present it in a new way or flip it on its head to find a new use for it!"- Deirdre Jones, Actress

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In this 21st millennium, people become competitive in each way. By being competitive at this point, people have to do something to make these individuals survive, being in the middle of the actual crowded place and notice simply by surrounding. One thing that at times many people have underestimated this for a while is reading. Yes, by reading a reserve your ability to survive raise then having chance to remain than other is high. For you who want to start reading any book, we give you this particular Keep Calm and Create On: Words of Encouragement from One Artist to the Next book as starter and daily reading publication. Why, because this book is usually more than just a book.

#### **Kathleen Bosarge:**

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