



Panic Disorder and Agoraphobia in the series Advances in Psychotherapy, Evidence-Based Practice

Simon A. Rego

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The most important feature of the books is that they are practical and reader-friendly. All have a similar structure, and each is a compact and easy-to-follow guide covering all aspects of practice that are relevant in real-life. Tables, boxed clinical pearls, and marginal notes assist orientation, while checklists for copying and summary boxes provide tools for use in daily practice.

The series has been developed and is edited with the support of the Society of Clinical Psychology (APA Division 12). The Society is planning a system of home study continuing education courses based on the series that an individual can complete on the web.

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