



Sushi y cocina tradicional japonesa (Spanish Edition)

Christina Sunae

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El sushi se ha convertido en un plato popular de las grandes ciudades de Occidente. Este plato emblemático de la culinaria japonesa reúne sus mejores virtudes: es fácil de hacer, muy sano y de exquisito sabor. Pero la cocina de Japón es mucho más que el sushi, se trata de una gastronomía muy elaborada que se caracteriza por la frescura de sus ingredientes y por las sutiles formas de elaboración. El Tempura, la salsa Teriyaki, el Tataki y los deliciosos Yakitori, son sólo una pequeña muestra de un fascinante y delicioso universo culinario. Esperamos que este libro sea el punto de partida para conocerlo y disfrutarlo.

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